

# Exercise Your Brain!

L Q S A J V H H O N E Y S T Q  
P I T E V A G A E Y K K R U S  
O Z J B D E E S X A L F U N T  
F P O D A R O L O C L D L L A  
R P B E L P P A T W D T U A O  
W A P L N A C E P J D B H W C  
J M I E T V Q X W N K R L Y O  
U S X S V R V C O T L E J P C  
F L I A I O U M I Y O A X E O  
H D V M V N L G B N N K Z B N  
X B B J K A V U O U N F I G U  
G B V Q V J L C D Y Z A O G T  
D C R A N B E R R I E S M H P  
R Y O G S G H I W G E T V O E  
S H Z V Q S E S R J C W Y C N

Find these HEALTHY words:

Agave  
Almond  
Apple  
Breakfast

Cinnamon  
Coconut  
Colorado  
Cranberries

Flaxseed  
Healthy  
Honey  
Love

Oats  
Pecan  
Raisin  
Walnut  
Yogurt